





SPRING TERM 2: PSHE Theme Overview

Drug, alcohol and tobacco education

This is an overview of the learning that will take place in your child's class during their PSHE lessons this half term.
 As always, if you would like to discuss the content or the vocabulary that will be used within these lessons further, then please feel free to contact the school office.

Year Group	Unit + Lesson Learning Intentions	
1	What do we put into our bodies?	Pupils learn: • about what can go into bodies and how it can make people feel • about what can go on to bodies and how it can make people feel
2	Medicines and Me	Pupils learn: • why medicines are taken • where medicines come from • about keeping themselves safe around medicines Asthma lesson • that medicines can be used to manage and treat medical conditions such as asthma, and that it is important to follow instructions for their use
3	Tobacco is a drug	Pupils learn: • the definition of a drug and that drugs (including medicines) can be harmful to people • about the effects and risks of smoking tobacco and second-hand smoke • about the help available for people to remain smoke free or stop smoking
4	Making Choices	Pupils learn: • that there are drugs (other than medicines) that are common in everyday life, and why people choose to use them • about the effects and risks of drinking alcohol • about different patterns of

		behaviour that are related to drug use Asthma lesson • that medicines can be used to manage and treat medical conditions such as asthma, and that it is important to follow instructions for their use
5	 Different influences	Pupils learn: • about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and cannabis • about different influences on drug use – alcohol, tobacco and nicotine products • strategies to resist pressure from others about whether to use drugs – smoking drugs and alcohol
6	 Weighing up risk	Pupils learn: • about the risks associated with using different drugs, including tobacco and nicotine products, alcohol, solvents, medicines and other legal and illegal drugs • about assessing the level of risk in different situations involving drug use • about ways

PSHE: Spring Term 2- Drug, alcohol and tobacco education (DATE) Year Group: Vocabulary						
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Rules Danger	Substance, harmful, rule Dangerous, feelings	Medicine, healthy, pharm doctor, safety, asthma, <u>instructions.</u>	Drug, tobacco, smoking second hand smoke, smoke free, medicine, harmful, <u>asthma,</u> instructions.	Caffeine, alcohol, tobacco nicotine, alcohol, risk, habit addiction, age restriction Drugs, Legal, Illegal Prescribed, Harmful Substances, Heart Lungs, Brain, Stomach Peer pressure, Medicine Behaviour, Drug use	Cigarette, e-cigarette, shisha, cannabis, health, money, alcohol, tobacco, nicotine, media, influence, pressure, choice, age restrictions, Substance, Medicine Legal, Illegal, Drugs Ask Frank, Effects, Risks Prescribed, Solvents, Alcohol, Tobacco, Role models	Tobacco, nicotine products, alcohol, solvents, medicines, legal and illegal drugs, risks, advice, support, <u>age</u> restrictions.